

Title: Promised Land Living: Sh'more Shema // **Scripture:** Deuteronomy 6-11

ARRIVAL / SOCIAL TIME *15-20 minutes*

Spend the first 15 minutes or so of your time together catching up and socializing with one another. Also find time to catch up together on how the assignments from last week turned out.

SERMON REVIEW *5-10 minutes*

This week we continue our series, Promised Land Living, which takes us through the book of Deuteronomy. Jon walked us through Deuteronomy 6–11 as we looked at loving God as a matter of our heart. The Hebrew view of the heart was that our heart is our life source; it is where we have emotions, it monitors our thoughts and helps to determine our will. It is the very fiber of our soul. There are other things that bid for our heart's attention. We can have conversations of our hearts that lead us to fear, self-sufficiency and self-righteousness that can pull at us when we experience the wilderness times in our lives. Deuteronomy helps us break the poor habits of the heart and set up the habit of remembering God and all he has done for us.

THE MAIN THOUGHT *keep this in mind as you facilitate discussion*

Remembering God is a matter of the heart.

SEE IT – Questions *10-15 minutes*

Picture: Why was the word “heart” used in Deuteronomy? Why do you think that people have a difficult time remembering their stories? What are ways of building habits of freedom in our heart?

Mirror: What is the current condition of your heart? What is the conversation that your heart is having? Where have you forgotten that God has blessed you? What is one helpful habit that, with the help of God, could be the keystone habit to change the temptation in your wilderness?

Window: Where are the places in your home, work, or neighborhood that you could tell your story of remembering what God has done?

BE IT – Practice

Change UP // Exercise *15 minutes*

As we are finding ways of remembering what God has done in the stories of the Bible and in our own life, what is your favorite Bible story that helps show your belief about God?

Change IN // Group Activity *5 minutes*

Looking at your own story, what is one part that you could share that would show how God has worked in your family?

Change OUT // Life Application Assignment *5 minutes*

Thinking about other people's stories, is there one story that you could ask about (and hear) in your workplace, home, neighborhood, or from a friend?

CLOSING PRAYER *5 minutes*

Take a few minutes to gather any prayer requests and pray for each other to SEE IT and BE IT this week.